

Z	A	C(fm)	R_{rms} (fm)	Z	A	C(fm)	R_{rms} (fm)
H	1	...	0.809	Sb	51	121	5.5291
He	2	...	1.673	Te	52	130	5.6706
Li	3	1.7995	2.392	I	53	127	5.5971
Be	4	2.0671	2.519	Xe	54	132	5.7016
B	5	1.8104	2.397	Cs	55	133	5.6748
C	6	1.9350	2.455	Ba	56	138	5.7214
N	7	2.1274	2.549	La	57	139	5.7425
O	8	2.4379	2.711	Ce	58	140	5.7735
F	9	2.7766	2.900	Pr	59	141	5.7960
Ne	10	2.9889	3.024	Nd	60	142	5.8270
Na	11	2.8853	2.963	Pm	61	146	5.8930
Mg	12	3.0393	3.054	Sm	62	152	5.9897
Al	13	3.0175	3.041	Eu	63	153	6.0037
Si	14	3.1275	3.107	Gd	64	158	6.0708
P	15	3.2752	3.197	Tb	65	159	6.0848
S	16	3.3561	3.247	Dy	66	164	6.0624
Cl	17	3.4970	3.335	Ho	67	165	6.2395
Ar	18	3.6438	3.428	Er	68	166	6.1183
K	19	3.6108	3.407	Tm	69	169	6.2145
Ca	20	3.7188	3.476	Yb	70	174	6.2771
Sc	21	3.8212	3.542	Lu	71	175	6.2896
Ti	22	3.9089	3.599	Hf	72	180	6.3507
V	23	3.9135	3.602	Ta	73	181	6.3632
Cr	24	3.9289	3.612	W	74	184	6.4464
Mn	25	4.0706	3.705	Re	75	187	6.4353
Fe	26	4.1176	3.736	Os	76	190	6.4700
Co	27	4.1870	3.782	Ir	77	193	6.5046
Ni	28	4.1779	3.776	Pt	78	195	6.5281
Cu	29	4.3607	3.898	Au	79	197	6.5544
Zn	30	4.4454	3.955	Hg	80	202	6.6069
Ga	31	4.5091	3.998	Tl	81	205	6.6179
Ge	32	4.6284	4.079	Pb	82	208	6.6483
As	33	4.6651	4.104	Bi	83	209	6.6842
Se	34	4.7631	4.171	Po	84	210	6.6952
Br	35	4.7412	4.156	At	85	215	6.7490
Kr	36	4.8490	4.230	Rn	86	222	6.8233
Rb	37	4.8708	4.245	Fr	87	223	6.8343
Sr	38	4.8665	4.242	Ra	88	226	6.8659
Y	39	4.8694	4.244	Ac	89	227	6.8755
Zr	40	4.9115	4.273	Th	90	231	6.9264
Nb	41	4.9766	4.318	Pa	91	231	6.9168
Mo	42	5.1165	4.415	U	92	238	6.9868
Tc	43	5.1093	4.410	Np	93	237	6.9772
Ru	44	5.2027	4.475	Pu	94	224	7.0457
Rh	45	5.2413	4.502	Am	95	243	7.0361
Pd	46	5.2757	4.526	Cm	96	247	7.0759
Ag	47	5.2985	4.542	Bk	97	247	7.0759
Cd	48	5.3998	4.613	Cf	98	251	7.1142
In	49	5.4083	4.619	Es	99	254	7.1430
Sn	50	5.4595	4.655	Fm	100	257	7.1717